

# ANNUAL REPORT 2017-18

#### WELCOME!

2018 marks 20 years since The Kindu Trust was first registered as a charity. It has been a pleasure to support children and families in Ethiopia ever since.

Reflecting on this year's achievements we are pleased to continue working on the mission that first motivated our founder - supporting children to live healthier lives within their families and breaking the cycle of poverty through education.

We are also pleased to have built on this experience working with families to develop a number of community programmes to support wellbeing. This year we are particularly proud to see our football teams thrive and to start a new project which reduces the number of school days girls miss out on.

Thank you to all of our supporters, so many of whom have been following us since 1998. Your generosity has made all our work possible.

Best wishes from all of our team, Caroline Walker, Kindu UK Manager

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# January 9 and 10, 2015

THE KINDU TRUST'S VISION IS AN ETHIOPIA IN WHICH EVERY CHILD HAS THE OPPORTUNITY TO FULFIL THEIR POTENTIAL THROUGH ACCESS TO EDUCATION AND HEALTHCARE, AND WHERE FAMILIES ARE EMPOWERED TO BE SELF-RELIANT.

# THIS YEAR AT A GLANCE...

359 children received support through the sponsorship programme

**204** families received medical support

young adults graduated from vocational training college or university

125 special gifts were made by sponsors to improve the wellbeing of families through home improvements, training courses, business loans and food parcels.







89

children received hot meals every week

96%

of sponsored children who took national exams passed and moved up to the next stage of education

families had new homes built, which they own and live in rent-free

## **CHILD SPONSORSHIP PROGRAMME**

Our Child Sponsorship Programme exists to help children from disadvantaged backgrounds overcome obstacles to education.

We want to be sure that all children can go to school. In order to do this they need a uniform, school books and stationery so they can get into school and make notes in class. They also need stability at home so that they are able to concentrate at school, this means food and water, a safe roof over their head, and a healthy guardian. Our programme is designed to support all these areas to ensure the best chance in education for that child.

The Child Sponsorship Programme operates on a oneto-one basis, where a sponsor is linked directly to one child and their family. In this way, many of our supporters are actively involved in their sponsored family's development and have been able to witness the positive changes that their support has made over time.



#### What Sponsorship Means

**Direct Financial Support** means the family can cover food, water and living costs

**School Resources** provide a uniform, textbooks and pens at the beginning of each school year

**A Medical Fund** covers healthcare costs for the whole household

A Training Fund means children can apply for funding to do vocational courses

**Project Management** covers the costs of updating sponsors and administration of the programme



young people went to university or college.

families received medical support.



## **MEET HABTIE...**

Habtamu, known as Habtie by the Kindu Trust staff, grew up in Debark, a small town in the Amhara region, and has been sponsored by the Kindu Trust since he was a child. This year our team were proud to see Habtie graduate from university.

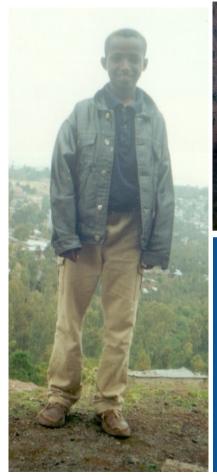
Habtie lost his parents when he was a baby and used to live in the compound of the Kindu Trust, then known as Kindu Erdata. When the Kindu Trust evaluated our approach, children who had no families, or whose families were not able to care for them, were moved to live within foster families so that they could grow up in a conventional home environment.

Habtie's foster parents, Zewudie and Asnake, were both happy to have him live with them and Habtamu did very well in school. He was awarded several prizes during his time at school and passed his national exams before eventually securing a place at University. He studied Chemical Engineering for 5 years at Bahir Dar University and would volunteer at the Kindu Trust over the summer holidays.

He graduated from university in summer 2017. Since graduating Habtie has moved to Debre-Zeyit in southern Ethiopia where he has secured a job as a production assistant for a pharmaceutical company. He underwent two months training before being selected out of 47 students to receive permanent work.

We are proud of all of our sponsored children as they grow up and fight to achieve in difficult circumstances. Habtamu's success shows how sponsorship, with both the financial and emotional support it brings, can play a vital role in transforming a child's prospects for the future.

Overleaf, (left) Habtie as a child, poses for a photo update to his sponsor, (middle) Habtie with his friends while living at Kindu Erdata, (right) Habtie on the day of his graduation.





"I am grateful for my sponsorship because I believe it helped me a great deal in achieving my primary goal, which was to receive good education and work experience.

My future goal is to gain more work experience and be better qualified for higher positions."





#### Every week at the Kindu Trust...

**?** children received hot meals

children used the library

**3** children got extra school support

**26** toddlers had baths with fresh water, soap and clean towels

Many of the children that the Kindu Trust supports face additional difficulties in school due to their poverty status, HIV status, health issues or because they have lost their parents. Children tend to struggle with school and home work as guardians are often illiterate. With proper support and a complete education these children have a much greater chance of employment in later life.

**The Kindu Klub and Playgroup** are groups that aim to provide such support. Both clubs provide a safe place to play and learn with a dedicated member of staff. The Youth Workers oversee fun and educational activities which help the children develop new skills. In addition, we provide hot meals with a balance of vegetables and protein vital to the children's healthy growth.

The Kindu Klub runs every weekday morning and afternoon providing classes in English and Maths as well as general homework support. There are also computers so that children can develop their IT skills and library facilities where they can read and borrow books at any time.

The Playgroup provides a space for early childhood development, engaging children in literacy and numeracy games from a young age, and providing toys they generally don't have access to at home. Guardians are also welcome at the Playgroup where they can socialise with other parents and are taught about good nutrition and hygiene practices. Baths with soap and clean water are regularly held as access to water is difficult for some.

### **FOOTBALL TEAMS**

The Kindu Trust believes that a child's wellbeing is instrumental to their ability to succeed in education. Through our work with families and communities we have begun a number of programmes that create a space for fun, bonding and teamwork. We support a boys' and girls' football team in Gondar and have been very pleased to see successes in both teams this year.

The girls' team have been training for a year and have developed an impressive support network as well as football and confidence skills. One team member commented that since joining "we feel confident to speak in front of people in our village, in meetings and in school and we want to participate and raise our hands".

The boys' team has been established for many years and has participated in a number of tournaments at different levels. Some team members are now adults and this year we were delighted to see three of them recruited for Gondar's professional B league team - Fasil Kenema.









Abdu, Lema and Hailu\* are from our sponsored families and have been members of the Kindu Trust football team for several years. Like many of the boys on the team, Abdu's family grew up in poverty, sharing a one room house with his parents and three siblings. They have been supported by the Kindu Trust since he was eight years old and he joined the football team when it was started.

The team meets each summer to train, share food, and play in local tournaments, which they often win! This year, having been spotted by coaches from, Abdu, Lema and Hailu were recruited to play in Fasil Kenema's B league team. As members of the team they receive a small salary. The boys describe their membership of Fasil Kenema as an important to step to becoming Ethiopian premiere league players. Abdu and Hailu come back to the Kindu Trust each year to coach the younger players in our boys' football team.

Overleaf, (left) the boys' football team with Hailu, centre in a grey jumper, (right) the girls' football team's first team photo. (Above) Abdu (on the left) with his family as a child, (below) Abdu this year.

\*Names have been changed.

## **SUPPORTING GIRLS' EDUCATION**

Starting your period is difficult for girls anywhere. It is even more daunting for girls in Ethiopia, who lack access to sanitary products, a place to change them privately, or even water to wash their clothes. Lack of access to these basics has an impact on their education, as they miss school to avoid embarrassment, struggle to concentrate due to worries with inadequate sanitary materials and sometimes miss class or drop out altogether.

We started a project this year to help girls overcome some of the difficulties of managing periods while at school. With our partners Link Ethiopia and Days for Girls UK, we have been providing high quality re-usable period packs to girls at secondary school, along with training about menstruation, puberty, sexual health, family planning and rights over your body. One girl who received the pack commented:

#### "Before, with my period, I would not come out of class during break time but now I am not even thinking that I am on my period because the kit is comfortable and gives me confidence to stay in school and move around."

The period packs are developed by Days for Girls who have been testing and developing this practical solution for over a decade. They are made by volunteers in the UK who purchase, sew and send the packs to our UK office according to the numbers we require. A qualified Days for Girls trainer travelled to Ethiopia in autumn and trained our staff, as well as leaders of ten Girls Clubs from local schools. Once the leaders had received the training, they were supported to deliver sessions distributing packs to girls at secondary schools. The girls come from poor backgrounds and are unlikely to have access to disposable period management solutions. This pack provides a solution that will help them manage their period with dignity for two to three years. **180** girls received a period pack this year.

Before ...

70% of the girls missed 3 days of school a month.

After...

95 of the girls attended school throughout the whole month.





Our partner, Link Ethiopia, is a **Aethiopia** charity that the Kindu Trust has worked alongside for over 10 years.

Their education-centred approach and school infrastructure programmes mean they have valuable experience to share on how to best support children in education.

# **OUR TEAM** ETHIOPIA

### **SPONSORSHIP**



Marta Bekele, Manager



Aster Molla, Coordinator



Sitotaw Ambachew, Coordinator

### PROJECTS



Zemene Mersha, **Project Manager** 



Leul Abebe, Accountant

#### **COMMUNITY PROJECTS**

Chekula

Gebre-

Egzabier,

Youth

Worker



Asfaw Admas, Kindu Klub Youth Worker

13



Selamawit Abebe, Cashier Playgroup and Purchaser



Wubit Molla, Cook



Askalech Astatkie, Cook







Wagnew

Shumeye,

Guard



Abate Taye,

Guard



Abebe Dinku, Gardener

### **UNITED KINGDOM**

The Kindu Trust is a UK registered charity and has a trustee board who support and oversee the charity's work and fundraising.

We employ Ethiopian staff for our projects in Ethiopia. We keep our overheads to a minimum with two part-time members of staff in the UK.

#### STAFF



Caroline Walker, Kindu UK Manager



Michou Gerits, Sponsorship Coordinator

### TRUSTEES

Ashley England, Chair Jack Sharville, Treasurer Elizabeth Gezahegn King Gabriella Otty Pete Belfield, Chair (up to Dec 17)

#### **HONORARY PRESIDENT**

Kate Fereday Eshete is the founder of the Kindu Trust. Now living in the foothills of the Simien Mountains, she no longer manages the day-to-day running of the Kindu Trust. She continues to promote our work through her role as Honorary President and continues to support children's education in Ethiopia through her school, Empress Mentaweb.

You can follow what Kate's doing through her website: www.kateferedayeshete.net



## **THANK YOU!**

### None of the work in this report would be possible without you!

We would like to take this opportunity to thank every sponsor, supporter, foundation and community group who has supported the work of the Kindu Trust this year.

#### Special thanks to:

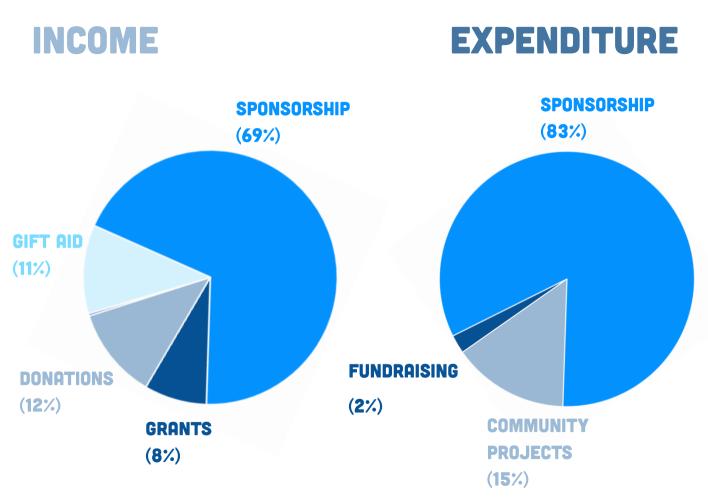
Alice Hearn
Angela Williams
David Dipple
Eva Reckitt Trust
Jane Hunter
Link Ethiopia

Myrtle Park School Paradigm Norton Trust Studiosus Foundation The Sycamore Trust Tula Trust TUUT Charitable Trust

### Thank you sincerely for your kindness, thoughtfulness and generosity.

To find out more about the Kindu Trust and how you can **Sponsor** or **Donate,** please visit our web page: www.kindutrust.org





# **2017–18 FINANCIAL STATEMENT**

Income (all figures in GBP)	Unrestricted	Restricted	2018 Total	2017 Total
Income from charitable activities				
Sponsorship	0	96,636	96,636	88,407
Projects	4,827	6,354	11,181	4,882
Income from generating funds				
Voluntary income	14,115	2,238	16,353	19,373
Merchandise	428	0	428	470
Interest	5	0	5	3
Gift Aid	15,795	0	15,795	15,588
Total Income	35,170	105,228	140,398	128,723

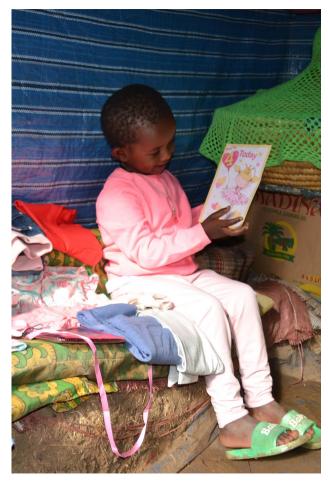
Expenditure					
Expenditure on charitable activities					
Sponsorship	0	98,889	98,889		109,108
Projects	224	17,397	17,621		21,444
Grants	-	-	-		141
Expenditure on raising funds					
Fundraising	2,825	0	2,825		2,937
Total Expenditure	3,049	116,286	119,335		133,630
Net Income	32,121	-11,058	21,063		- 4,907
Balance brought forward	19,329	27,143	46,472		51,379
Balance carried forward	51,450	16,085	67,535		46,472

## **BALANCE SHEET**

	2018	2017
Current assets		
Debtors	15,213	7,547
Cash at bank and in hand	92,743	38,925
Total	107,956	46,472
Current liabilities		
Creditors	-40,421	-
Net assets	67,535	46,472

Funds	2018	2017
Unrestricted funds	51,450	19,329
Restricted funds	16,085	27,143
Total	67,535	46,472

The trustees declare that they have approved this Annual Report and Accounts, including notes. Signed on behalf of the Trustees on 31<sup>st</sup> January 2019 by Jack Sharville and Ashley England.



## **NOTES TO THE ACCOUNTS**

1. The principal accounting policies, all of which have applied consistently throughout the year, are set out below. Where a change of accounting policy or treatment has occurred, the prior year figures have been adjusted to reflect the new treatment.

a) **Basis of Accounting** The financial statements are prepared using the historical cost convention and are in accordance with trust law, applicable accounting standards, and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005, as amended. There were no related party transactions for the period.

b) **Fund Accounting** Unrestricted funds are general funds that are available for use at the trustees' discretion in furtherance of any of the objectives of the charity. Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose and the restriction means that the funds can only be used for specific projects or activities.

c) **Income** Represents the amounts donated in cash. The Charity's unrestricted fund consists of funds which the Charity may use for its charitable purposes.

d) **Foreign Currencies** Transactions in foreign currencies are recognised at the rate of exchange at the date of the transaction. The Charity makes monthly payments in Sterling to Ethiopia which has a closed currency, the Birr. The Charity does not own any non-monetary assets abroad.

e) **Trustee's Remuneration and Expenses** No remuneration was paid by the Charity to any of the Trustees for their services during the year. Trustees may receive out-of-pocket expenses.

f) **Taxation Irrecoverable** VAT is not separately analysed and is charged to the statement of financial activities when the expenditure to which it relates is incurred and is allocated as part of the expenditure to which it relates.

## **INDEPENDENT EXAMINER'S REPORT**

I, Alice Hearn, report on the accounts of the Trust for the year ended 31 March 2018, which are set out on page 17 to 18 with Notes to the Accounts on page 19.

#### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to: Examine the accounts under section 145 of the 2011 Act; to follow the procedures laid down in the general Directions given by the Charity Commission under the section 145 (5)(b) of the2011 Act and; to state whether particular matters have come to my attention.

#### Basis of the Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent Examiner's Statement**

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements 'to keep accounting records in accordance with section 130 of the 2011 Act' and 'to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act' have not been met; or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Alice Hearn, c/o Partnership House, Carlisle Place, London SW1P 1BX Date: 31 January 2019



WWW.KINDUTRUST.ORG KINDU@KINDUTRUST.ORG +44 (0)7940 048 894 225–229 SEVEN SISTERS ROAD, LONDON N4 2DA REGISTERED CHARITY NUMBER 1069574