



**ANNUAL REPORT 2018-19**

# WELCOME!

It has been another wonderful year at the Kindu Trust supporting over 350 children through our sponsorship programme and many more through our community support projects.

This February we held a special event celebrating our 20 year anniversary with our sister charity Link Ethiopia at the Ethiopian Embassy. The evening provided a welcome opportunity to meet many of our supporters face to face and brought together many old friends. (pictures overleaf)

In Ethiopia, we have had a record year of house construction, building 10 spacious and secure homes for families living in very poor conditions.

Thank you to everyone who has contributed to make our work possible this year!

Best wishes from all of our team,  
*Caroline Walker*  
*Kindu UK Manager*

# CONTENTS

|   |           |
|---|-----------|
| <b>This Year at a Glance .....</b>            | <b>1</b>  |
| <b>Child Sponsorship Programme .....</b>      | <b>3</b>  |
| Building Homes.....                           | 5         |
| <b>Community Development Programmes .....</b> | <b>7</b>  |
| Kindu Klub and Playgroup .....                | 7         |
| Football Teams .....                          | 11        |
| Kits for Girls.....                           | 12        |
| <b>Our Team .....</b>                         | <b>13</b> |
| <b>Thank you .....</b>                        | <b>15</b> |
| <b>Finances .....</b>                         | <b>16</b> |
| Income and Expenditure .....                  | 16        |
| Financial Statement .....                     | 17        |
| Balance Sheet .....                           | 18        |
| Notes to the Accounts .....                   | 19        |
| Independent Examiner's Report .....           | 20        |





**OUR VISION: AN ETHIOPIA IN WHICH EVERY CHILD HAS THE OPPORTUNITY TO FULFIL THEIR POTENTIAL THROUGH ACCESS TO EDUCATION AND HEALTHCARE, AND WHERE FAMILIES ARE EMPOWERED TO BE SELF-RELIANT.**

## THIS YEAR AT A GLANCE...

**349** children received support through the sponsorship programme

**12** young adults graduated from vocational training college or university

**56** sponsored children successfully passed their national exams and moved up to the next stage of education

**90** children received hot meals every week

**97** families received medical support



**225** celebration parcels were bought for families

**350** period kits distributed to girls

**10** families had new homes built, which they own and live in rent-free

**16** families received home improvements, including beds, furniture or tap or electricity installation.

**£152,987** income



# CHILD SPONSORSHIP PROGRAMME

**Our Child Sponsorship Programme exists to help children from disadvantaged backgrounds overcome obstacles to staying in education.**

We want to be sure that all children can go to school. In order to do this they need a uniform, school books and stationery so they can get into school and make notes in class. They also need stability at home so that they are able to concentrate at school, this means food and water, a safe roof over their head, and a healthy guardian. Our programme is designed to support all these areas to ensure the best chance in education for that child.

The Child Sponsorship Programme operates on a one-to-one basis, where a sponsor is linked directly to one child and their family. In this way, many of our supporters are actively involved in their sponsored family's development and have been able to witness the positive changes that their support has made over time.

**This year...**

**349** children received sponsorship

**45** young people went to university or college

**97** families received medical support

**16** families benefited from home improvements including bed purchases, or tap or electricity installation

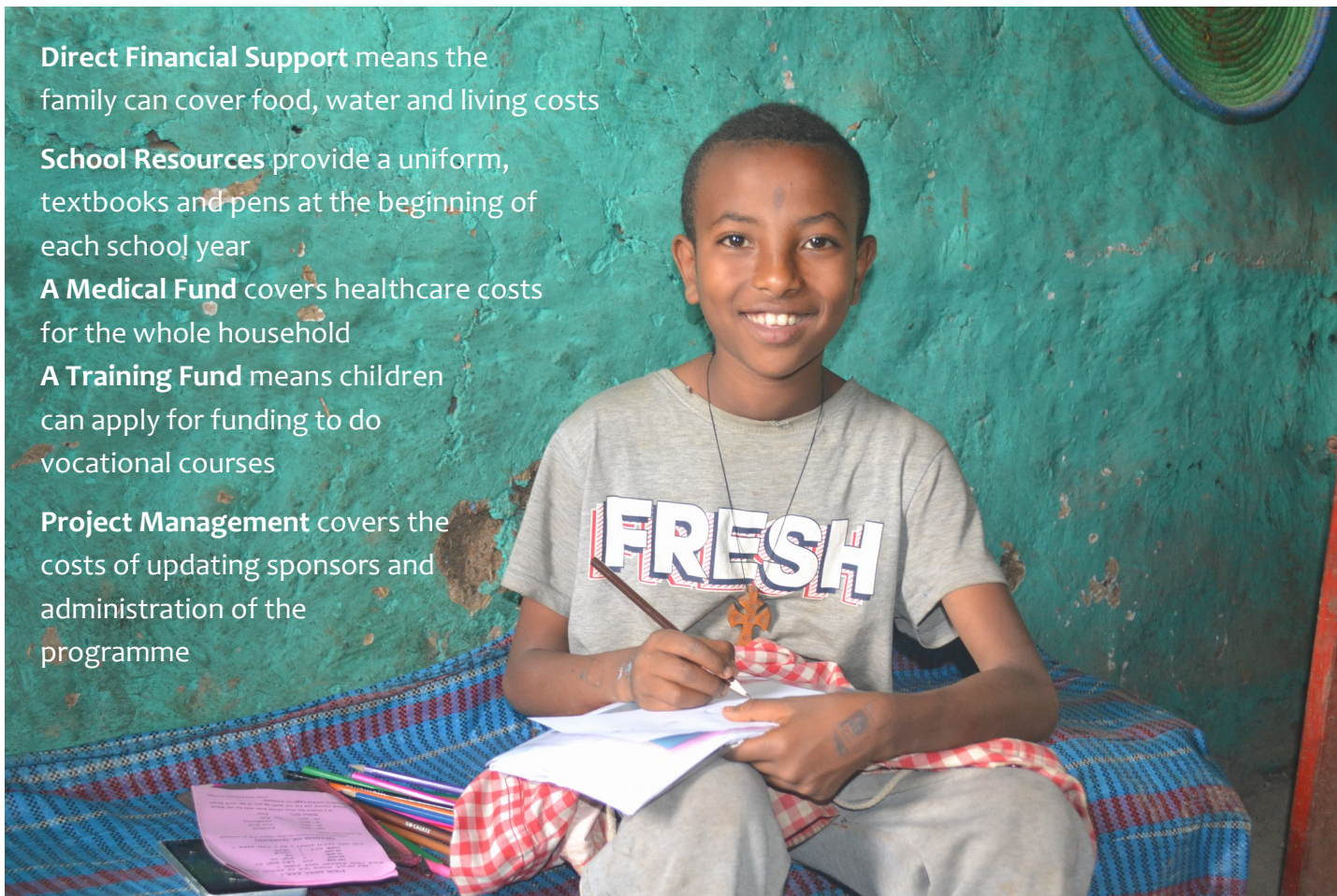
**Direct Financial Support** means the family can cover food, water and living costs

**School Resources** provide a uniform, textbooks and pens at the beginning of each school year

**A Medical Fund** covers healthcare costs for the whole household

**A Training Fund** means children can apply for funding to do vocational courses

**Project Management** covers the costs of updating sponsors and administration of the programme





# BUILDING SECURE HOMES

**One of the most important ways to enable children to go to school is to start at home. Having a safe and weatherproof place to live means that children can sleep and study well, enabling them to focus when they get to class.**

We are pleased to have been able to support an increasing number of families to build their own homes so they can live in secure housing with room for the whole family, and this year we beat our record - building new homes for 10 families, thanks to our supporters!

The families that the Kindu Trust supports are from disadvantaged backgrounds, many of them live in housing provided by the local authority which is of poor quality - or worse, they have to rent privately in housing that is of low quality. The space is small, frequently a single room of 2x3 metres for a whole family, often unfurnished, with children sleeping on the floor or on mud benches, and exposed to the elements, with inadequate roofing and worn away plastering on the walls.

Some families are successful in applying to the local authority to get land out of town on which they can build their own home. This is a great opportunity, but many of our families struggle to find the money to build a house. Last year one of our supporters set himself a challenge, taking on numerous running events over the year, to raise funds for housing for Kindu families.

The money he raised built houses for 7 families, providing clean, furnished and secure homes for families to live. The families were delighted to receive support to make the most of the land they had been provided with and will benefit for many years to come as having their own home means they no longer have to pay monthly rent.



*“Previously we lived in a very small house and the children had to sleep at the neighbours’ because we didn’t have room. Paying the rent was always a problem. Now the house is big enough for us, we have two beds and I have been able to start a business selling injera so I can support my family.”*

*Mamit, mother of four*



*“I have enough space for the kids and myself. I can feed myself and the children, I am not worried anymore for the rent payment, and I am sleeping very well. I go to church and run my business, and now I have a chance for social life as well. I feel born again.”*

*Asnika, mother of three*



# COMMUNITY DEVELOPMENT PROGRAMMES

The Kindu Trust runs a number of programmes alongside our sponsorship programme to holistically address problems we see the families in our community facing.

These programmes provide further education support for the children, assistance for parents, and social activities to improve quality of life.

Many of the children we support face additional difficulties in school due to their poverty status, HIV status, health issues or because they have lost their parents. Children tend to struggle with school and homework as guardians are often illiterate. Our children's clubs - the Kindu Klub and Playgroup - are set up to help children overcome some of these obstacles as we know that with proper support and a complete education they can succeed and have a much greater chance of employment in later life.

## Every week at the Kindu Trust...

**90** children received hot meals

**69** children got extra school support

**21** toddlers had baths with fresh water, soap and clean towels

## Each month...

**20** children used the library

**15** children played football

***"I come to the Kindu Klub every day to use different text books in the library, it helped me to get a good result in my grade 10 national exams and now I am going to preparatory college."** Esubalew, 16*



**The Kindu Klub and Playgroup** provide a safe place to play and learn with a dedicated member of staff. The Youth Workers oversee fun and educational activities which help the children develop new skills. In addition, we provide hot meals with a balance of vegetables and protein vital to the children's healthy growth.

The Kindu Klub runs every weekday morning and afternoon providing classes in English and Maths as well as general homework support. There are also computers so that children can develop their IT skills and library facilities where they can read and borrow books at any time.

The Playgroup provides a space for early childhood development, engaging children in literacy and numeracy games from a young age, and providing toys they generally don't have access to at home. Guardians are also welcome at the Playgroup where they can socialise with other parents and learn about good nutrition and hygiene practices. Baths with soap and clean water are provided as access to clean water is difficult for some families.



# KINDU KLUB

**This year we have been happy to provide a number of new opportunities for children to learn at the Kindu Klub, with special English classes, regular art lessons and new Amharic language books for the library!**

Children learn English from a young age in Ethiopia but, with large classes, they don't often get a chance to practise and for those falling behind, it's a challenge to speak up. It is especially important that students can understand and speak English well as all subjects are taught in English from grade 7. Over summer 2018 we were lucky to receive funding from one of our supporters to run a 4 week English summer school which was then extended to support a group of 10 children with regular Saturday English classes. Each week they practise and improve their conversational skills, using interactive resources such as videos, stories, and songs.

We have also welcomed a new regular volunteer to the Kindu Klub. Berihun is a teacher at a preparatory college in Gondar, who teaches art and crafts once a week. The children practise calligraphy, drawing and sculpt with different materials – all of which are an amazing change of activity for the children.



*"The English class is different from school. Here I feel free to answer without the fear of getting it wrong."*

Aster, 13



# PLAYGROUP

The playgroup can be as important for parents as it is for the children. It is often the only place new parents can get guidance on childhood development, which can lead to remarkable impacts, as we saw with one child, Natinael.

Natinael attended the Playgroup with his mother, our Youth Worker was concerned that at 7 years old Natinael was still unable to walk - his mother would carry him to Playgroup on her back each week so that he could play with the toys.

The Kindu Trust brought Natinael to the hospital for advice. They advised that Natinael had cerebral palsy which had been exacerbated by malnutrition. They provided a course of physiotherapy at the hospital daily for 6 weeks, his sponsor provided a regular donation to buy more nutritious food and we encouraged him to come to the Playgroup more often to get the hot meal provided.

Since then, Natinael's motor skills have drastically improved. He can now move himself around, walk unassisted and is more attentive to those around him. Our Youth Worker looks forward to seeing him at Playgroup each week where he drives toy cars and plays with the other children.



*"Thanks to extra support from his sponsor, he is also eating better at home. The Kindu Playgroup Youth Worker showed me how to cook well-balanced meals. I enjoy coming here to see the staff and other parents."*

Natinael's mother



# FOOTBALL TEAMS

The Kindu Trust supports two football teams as part of our efforts to provide social activities and improve the quality of life for children in the communities we support. We have a boys' and a girls' football team that meet regularly to train.

Both teams promote team work, leadership and build confidence by providing a peer support network that helps them at school, and later in life. The boys' team also takes part in a local football tournament each year and have often won the cup! Girls' football is less common, in fact our team was the first in Gondar! This means that it has been difficult for our team to play games against others but this year we managed to arrange two friendly matches! The training continues and we hope to find more teams of the girls' age and level to play against.

*“Before the Girls' Football team we were alone and living separate lives – but now we are one team. We support each other and we know that we are stronger together, and can grow together by giving and receiving kind corrections”.*





*Left top, the boys team watch a local tournament match. Left bottom, the girls' team try a new donated kit. Above, the girls football team receive period packs. Below, students receive training on using and caring for their kits.*



## KITS FOR GIRLS

Gender inequality in Ethiopia affects the daily lives of the girls we support, placing an extra burden on them to do housework and limiting their freedom to take part in social or study groups.

One of the issues we saw particularly affecting the school attendance and quality of life of the girls we support is lack of access to proper menstruation materials to manage their periods.

Our Days for Girls project provides high quality re-usable period packs to girls at secondary school, along with training about menstruation, puberty, sexual health, family planning and rights over your body.

**This year we distributed reusable period kits to 350 girls, including a kit for each girl on the football team!**

# OUR TEAM ETHIOPIA

## SPONSORSHIP



Marta Bekele,  
Manager



Aster Molla,  
Coordinator



Sitotaw Ambachew,  
Coordinator



Zemene Mersha,  
Project Manager



Leul Abebe,  
Accountant

## COMMUNITY PROJECTS



Asfaw  
Admas,  
Kindu Klub  
Youth  
Worker



Chekula  
Gebre-  
Egzabier,  
Playgroup  
Youth  
Worker



Selamawit  
Abebe,  
Cashier  
and  
Purchaser



Wubit  
Molla,  
Cook



Askalech  
Astatkie,  
Cook



Abebech  
Mequanent,  
Cleaner



Wagnew  
Shumeye,  
Guard



Abate Taye,  
Guard



Abebe  
Dinku,  
Gardener



# UNITED KINGDOM

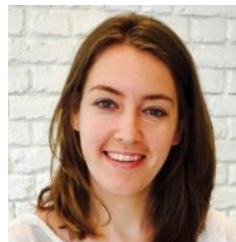
The Kindu Trust is a UK registered charity and has a trustee board who support and oversee the charity's work and fundraising.

We employ Ethiopian staff for our projects in Ethiopia and keep our overheads to a minimum with two part-time members of staff in the UK.

## STAFF



Caroline Walker,  
Kindu UK Manager



Michou Gerits,  
Sponsorship  
Coordinator

## TRUSTEES

Ashley England, Chair

Jack Sharville, Treasurer

Elizabeth Gezahegn King

Gabriella Otty

Holly McKenzie (from October '18)

Matthew Stockdale (from May '18)

## HONORARY PRESIDENT

Kate Fereday Eshete is the founder of the Kindu Trust. Now living in the foothills of the Simien Mountains, she no longer manages the day-to-day running of the Kindu Trust. She continues to promote our work through her role as Honorary President and supports children's education in Ethiopia through her school, Empress Mentaweb.



# THANK YOU!

**None of the work in this report would be possible without you!**

We would like to take this opportunity to thank every sponsor, supporter, foundation and community group who has supported the work of the Kindu Trust this year.

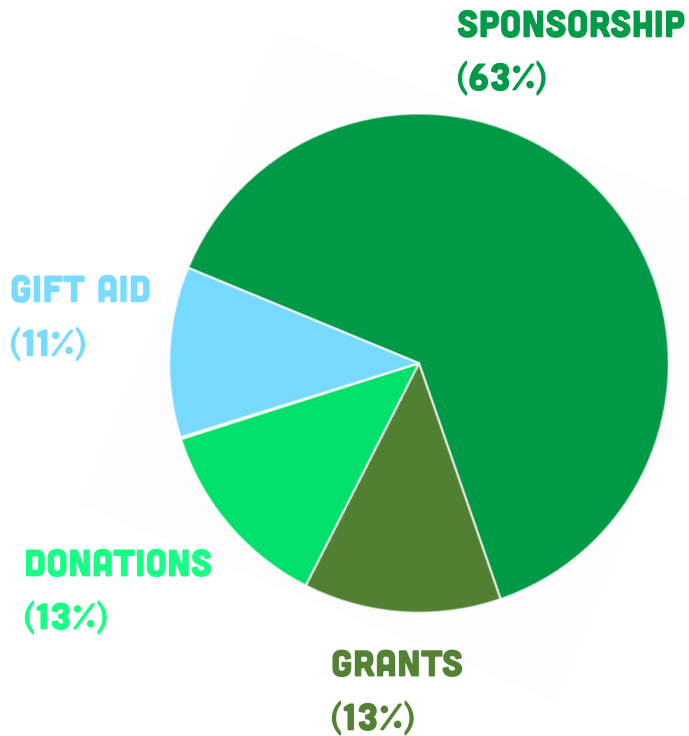
**Thank you sincerely for your kindness, thoughtfulness and generosity.**

Special thanks to:

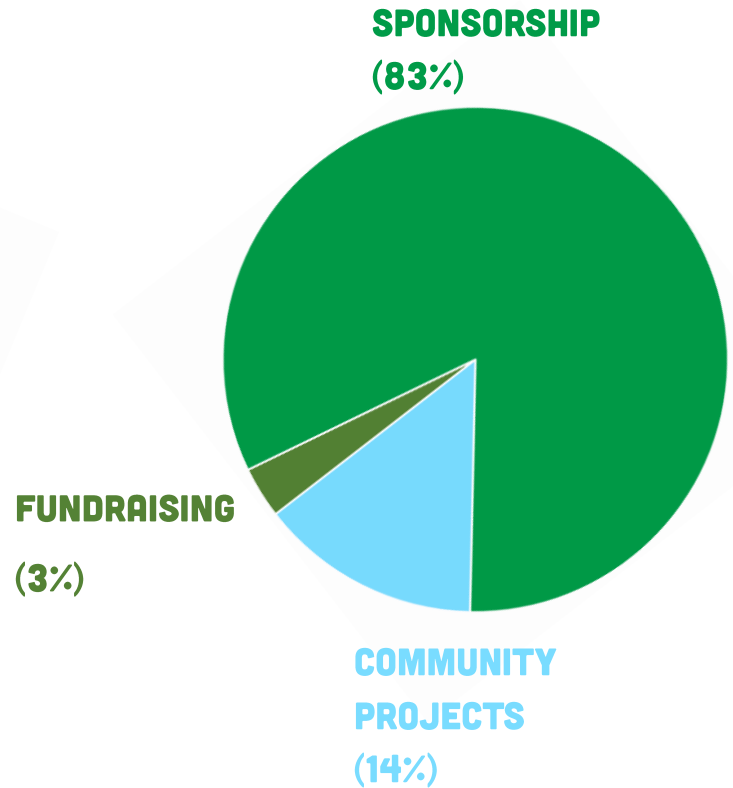
Alice Hearn  
Andreas Pfau  
David Dipple  
Gavin Walker  
Hanny Durkstra  
Link Ethiopia  
Myrtle Park School  
Roger Vere Foundation  
Sydney E Franklin Deceased New  
Second Charity  
Studiosus Foundation  
The Sycamore Trust  
Tula Trust  
TUUT Charitable Trust



# INCOME



# EXPENDITURE



# 2018–19 FINANCIAL STATEMENT

| Income (all figures in GBP)              | Unrestricted  | Restricted     | 2019 Total     |  | 2018 Total     |
|--|---------------|----------------|----------------|--|----------------|
| <b>Income from charitable activities</b> |               |                |                |  |                |
| Sponsorship                              | 0             | 97,093         | 97,093         |  | 96,636         |
| Projects                                 | 0             | 19,561         | 19,561         |  | 11,181         |
| <b>Income from generating funds</b>      |               |                |                |  |                |
| Voluntary income                         | 19,254        | 0              | 19,254         |  | 16,353         |
| Merchandise                              | 154           | 0              | 154            |  | 428            |
| Interest                                 | 32            | 0              | 32             |  | 5              |
| Gift Aid                                 | 16,893        | 0              | 16,893         |  | 15,795         |
| <b>Total Income</b>                      | <b>36,333</b> | <b>116,654</b> | <b>152,987</b> |  | <b>140,398</b> |

|   |               |               |                |  |                |
|---|---------------|---------------|----------------|--|----------------|
| <b>Expenditure</b>                          |               |               |                |  |                |
| <b>Expenditure on charitable activities</b> |               |               |                |  |                |
| Sponsorship                                 | 18,814        | 83,222        | 102,036        |  | 98,889         |
| Projects                                    | 10,142        | 7,549         | 17,691         |  | 17,621         |
| <b>Expenditure on raising funds</b>         |               |               |                |  |                |
| Fundraising                                 | 4,110         | 0             | 4,110          |  | 2,825          |
| <b>Total Expenditure</b>                    | <b>33,066</b> | <b>90,771</b> | <b>123,837</b> |  | <b>119,335</b> |
| Net Income                                  | 3,267         | 25,883        | 29,150         |  | 21,063         |
| <b>Balance brought forward</b>              | <b>51,450</b> | <b>16,085</b> | <b>67,535</b>  |  | <b>46,472</b>  |
| <b>Balance carried forward</b>              | <b>54,717</b> | <b>41,968</b> | <b>96,685</b>  |  | <b>67,535</b>  |



# BALANCE SHEET

|                            | 2019          | 2018           |
|----------------------------|---------------|----------------|
| <b>Current assets</b>      |               |                |
| Debtors                    | 15,130        | 15,213         |
| Cash at bank and in hand   | 81,555        | 92,743         |
| <b>Total</b>               | <b>96,685</b> | <b>107,956</b> |
| <b>Current liabilities</b> |               |                |
| Creditors                  | 0             | -40,421        |
|                            |               |                |
| <b>Net assets</b>          | <b>96,685</b> | <b>67,535</b>  |

|                    |               |               |
|--------------------|---------------|---------------|
| <b>Funds</b>       | <b>2019</b>   | <b>2018</b>   |
| Unrestricted funds | 54,717        | 51,450        |
| Restricted funds   | 41,968        | 16,085        |
| <b>Total</b>       | <b>96,685</b> | <b>67,535</b> |

The trustees declare that they have approved this Annual Report and Accounts, including notes.

*Jack Sharville*

*Ashley England*

Signed on behalf of the Trustees on 31<sup>st</sup> January 2020 by Jack Sharville and Ashley England.



# NOTES TO THE ACCOUNTS

1. The principal accounting policies, all of which have applied consistently throughout the year, are set out below. Where a change of accounting policy or treatment has occurred, the prior year figures have been adjusted to reflect the new treatment.

a) **Basis of Accounting** The financial statements are prepared using the historical cost convention and are in accordance with trust law, applicable accounting standards, and the Statement of Recommended Practice, “Accounting and Reporting by Charities”, issued in March 2005, as amended. There were no related party transactions for the period.

b) **Fund Accounting** Unrestricted funds are general funds that are available for use at the trustees’ discretion in furtherance of any of the objectives of the charity. Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose and the restriction means that the funds can only be used for specific projects or activities.

c) **Income** Represents the amounts donated in cash. The Charity’s unrestricted fund consists of funds which the Charity may use for its charitable purposes.

d) **Foreign Currencies** Transactions in foreign currencies are recognised at the rate of exchange at the date of the transaction. The Charity makes monthly payments in Sterling to Ethiopia which has a closed currency, the Birr. The Charity does not own any non-monetary assets abroad.

e) **Trustee's Remuneration and Expenses** No remuneration was paid by the Charity to any of the Trustees for their services during the year. Trustees may receive out-of-pocket expenses.

f) **Taxation Irrecoverable** VAT is not separately analysed and is charged to the statement of financial activities when the expenditure to which it relates is incurred and is allocated as part of the expenditure to which it relates.

# INDEPENDENT EXAMINER'S REPORT

I, Alice Hearn, report on the accounts of the Trust for the year ended 31 March 2019, which are set out on page 17 to 18 with Notes to the Accounts on page 19.

## **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to: Examine the accounts under section 145 of the 2011 Act; to follow the procedures laid down in the general Directions given by the Charity Commission under the section 145 (5)(b) of the 2011 Act and; to state whether particular matters have come to my attention.

## **Basis of the Independent Examiner's Report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

## **Independent Examiner's Statement**

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements 'to keep accounting records in accordance with section 130 of the 2011 Act' and 'to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act' have not been met; or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Alice Hearn, c/o Partnership House, Carlisle Place, London SW1P 1BX

Date: 31 January 2020



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**NUMBER 1069574**

